

COMMUNICATING WITH YOUNG ADULTS WITH MPS

Practical Communication Do's & Don'ts
for Healthcare Professionals



👂 **LISTEN** • 💬 **COMMUNICATE** • 🤝 **PARTNER**



DO'S

- Speak directly to the young adult
- Use clear, simple language
- Encourage questions
- Check understanding
- Involve patients in decisions
- Respect family involvement
- Support growing independence
- Listen actively



DON'TS

- Speak only to parents or caregivers
- Assume understanding
- Use unnecessary medical jargon
- Rush conversations
- Make decisions without patient input
- Underestimate capabilities
- Focus only on limitations
- Ignore emotional concerns

KEY MESSAGE

Effective communication builds trust, promotes independence, and helps young adults with MPS become active partners in their healthcare.

